

Monster Mac

*2,000 calories a day is used for general nutrition advice, but calorie needs vary

Menu Items/List	Total Calories kcal	Calories from Fat (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Fibers (g)	Sugars (g)	Protein (g)
(Monster Mac) Buffalo Mac	1597.07	1607.26	136.93	78.6	3.7	423.83	6246.88	53.21	4.06	14.23	45.9
(Monster Mac) Classic Chocolate Chip Cookie	521.52	248	27.56	11.79	0.45	39.12	381.24	66.45	2.04	41.28	4.99
(Monster Mac) Classic Fries	548	230	25.93	4.77	0.04	3.4	5521.99	70.59	6.9	0.7	7.94
(Monster Mac) Classic Mac	1339.18	976.26	126.83	77.42	3.43	386.03	1287.19	21.03	0.41	13.13	33.76
(Monster Mac) Classic Mac Bites with Monster Sauce	398.3	264.56	28.17	12.11	0.54	105.76	744.38	26.45	0.99	6.54	8.72
(Monster Mac) Fudge Brownie	572.2	122.19	30.92	9.88	0	86.38	366.27	69.2	2.95	45.67	8.07
(Monster Mac) Ghost Fries	551.75	230.08	25.93	4.77	0.04	3.4	1536.81	73.11	7.01	0.74	8.13
(Monster Mac) Monster Sauce	110.14	89.78	9.89	1.34	0	4.48	337.04	4.91	0.03	3.82	0.03
(Monster Mac) Street Mac	1429.21	1014.67	122.15	75.65	3.43	371.59	2215.94	53.66	2.25	18.17	29.95
(Monster Mac) Sweet Potato Tots	409	140	15.42	2.45	0.04	1.6	3124.2	63.8	6.7	28.7	3.72
(Monster Mac) The Loaded Beast	2558.16	2093.87	241.05	141.61	6.38	738.3	2443.4	39.23	1.86	24.43	57.23

Written nutrition information is available upon request.